

Art & Being

Art-Retreat in Umbria

16-23 July 2026



For me, art and life are inextricably linked. Being an artist encompasses more than just the act of expression. It begins with a conscious awareness of the outside and the inside. It involves the constant development of intuition, curiosity about the unknown, acceptance of the unexpected, and the creative exploration of it. In this workshop, we will immerse ourselves together for a week in the green wilderness of Umbria near Lake Trasimeno, immersed in the intense artistic being and doing!

As an artist, art educator, and art therapist with over 20 years of professional experience, I offer you a space where, through impulses and inspiration, you can discover new ways and different perspectives on thinking, perceiving, and conscious creative creation. Whether you're a complete beginner or an experienced artist, everyone is welcome to start here and grow at their own personal level, in connection with themselves and with the group.

The workshop will be held in English and/or German. But don't hesitate, if you feel not confident in these languages. We will find a way to communicate!



BOOK
NOW



Questions & Booking

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We live and work in the wonderful Casa Simoncelli, an old farmhouse with a large plot of land surrounded by nature, with a studio and seminar room, and even a piazza/dance floor in the middle of the forest, which we can use for meditation, dance, yoga...! We are accommodated in simple single or double rooms with shared bathrooms, and we are served full board "alla cucina Italiana".

1.085 € in double rooms / 1.155€ in single rooms

The price includes:

- Accommodation in a double or single room
- Meals (breakfast, lunch, and dinner)
- Workshop with daily inspiration, meditations, and artistic accompaniment
- Day trip to the Fondazione Seccatoi del Tabacco (Alberto Burri Museum) in Città di Castello and the historic center of Perugia

You'll need to bring your own favorite materials or crafting materials you like or you're curious about. However, basic equipment is provided.

Individual journey to and from the venue is not included in the price and must be organized by yourself! I'm happy to give recommendations!

Number of participants: 7-12 people

You can get an impression of the venue at www.casa-simoncelli.de



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